

HOW MUCH DO YOU KNOW?

TEST YOUR KNOWLEDGE ABOUT HIV / AIDS



HAIRDRESSERS AGAINST AIDS

L'ORÉAL FONDATION
ENTREPRISE

DID YOU KNOW?

TEST YOUR KNOWLEDGE ABOUT HIV / AIDS

Hairdressers for prevention

Circle the right answer.

- 1** HIV MEANS HUMAN IMMUNODEFICIENCY VIRUS.
True / False / Don't know
- 2** HIV AND AIDS ARE NOT THE SAME.
True / False / Don't know
- 3** SOMEBODY WITH HIV IS CALLED HIV-POSITIVE.
True / False / Don't know
- 4** THERE'S ONLY ONE WAY OF TRANSMITTING HIV.
True / False / Don't know
- 5** YOU CAN CATCH HIV BY HAVING UNPROTECTED SEX (WITHOUT A CONDOM) WITH A PERSON WHO HAS HIV.
True / False / Don't know
- 6** YOU CAN CATCH HIV BY KISSING AN HIV-POSITIVE PERSON.
True / False / Don't know
- 7** YOU CAN CATCH HIV BY BEING BITTEN BY A MOSQUITO?
True / False / Don't know
- 8** YOU CAN CATCH HIV IF YOU USE SHARP OBJECTS (NEEDLES, RAZOR BLADES) THAT HAVE BEEN IN CONTACT WITH THE BLOOD OF SOMEONE WHO HAS HIV.
True / False / Don't know
- 9** YOU CAN CATCH HIV BY WORKING WITH SOMEONE WHO HAS THE VIRUS OR BY TOUCHING THEM.
True / False / Don't know
- 10** A MOTHER CAN TRANSMIT HIV TO HER BABY DURING PREGNANCY, BIRTH OR BREAST FEEDING.
True / False / Don't know
- 11** USING A CONDOM DURING SEX PROTECTS YOU AGAINST HIV.
True / False / Don't know
- 12** THERE'S NO SUCH THING AS A FEMALE CONDOM.
True / False / Don't know
- 13** HAVING AN HIV TEST IS THE ONLY WAY OF KNOWING IF YOU HAVE HIV OR NOT.
True / False / Don't know
- 14** YOU JUST NEED TO GIVE A BLOOD SAMPLE TO HAVE AN HIV TEST.
True / False / Don't know
- 15** PEOPLE LIVING WITH HIV OR AIDS CAN BE CURED BY TAKING THE MEDICATIONS AVAILABLE ON THE MARKET TODAY.
True / False / Don't know
- 16** YOU CAN REDUCE THE RISK OF MOTHER-TO-CHILD TRANSMISSION BY TAKING A SPECIAL TREATMENT DURING PREGNANCY.
True / False / Don't know
- 17** AN HIV-POSITIVE PERSON TAKING TREATMENT CANNOT TRANSMIT THE VIRUS TO ANYONE ELSE.
True / False / Don't know
- 18** YOU CAN STYLE THE HAIR OF AN HIV-POSITIVE PERSON WITHOUT THE RISK OF CATCHING THE VIRUS.
True / False / Don't know
- 19** A PERSON LIVING WITH HIV OR AIDS WHO TAKES THE MEDICATIONS CURRENTLY AVAILABLE ON THE MARKET CAN LIVE A NORMAL LIFE AND WORK.
True / False / Don't know
- 20** PEOPLE LIVING WITH HIV OR AIDS SHOULD BE KEPT APART FROM THE REST OF SOCIETY.
True / False / Don't know



AIDS IS AN INFECTIOUS ILLNESS, NOT A CONTAGIOUS ONE.

DID YOU KNOW?

1 TRUE

HIV means Human Immunodeficiency Virus, the virus that can cause AIDS. HIV is transmitted by exchanging bodily fluids: blood, semen, pre-seminal fluid (the fluid a man produces just before he ejaculates), vaginal fluid, human milk.

2 TRUE

Only the advanced stage of HIV infection is called AIDS – Acquired Immuno-deficiency Syndrome. Without treatment, the body's immune system, which protects us against germs, is weakened by HIV until you become extremely vulnerable to all kinds of infections and some serious illnesses that are characteristic of AIDS.

3 TRUE

HIV attacks the blood cells the body uses to protect against illness. Someone who has HIV, the virus that causes AIDS, is called seropositive or HIV-positive. You can be HIV-positive without having any symptoms. Only the advanced stages of HIV infection, when illnesses start to become very frequent, is called AIDS.

4 FALSE

There are three ways of catching HIV, the virus that causes AIDS:

- Penetrative vaginal, anal or oral sex without a condom
- Blood-to-blood contact, especially via a syringe (sharing a needle in the case of drug use, needle-stick injuries for healthcare professionals)
- Mother-to-child transmission during pregnancy, birth and breast-feeding.

5 TRUE

Penetrative vaginal, anal and oral sex without a condom are the most frequent modes of transmission.

6 FALSE

You can touch and kiss an HIV-positive person and live and work with them without any risk of catching the virus. HIV cannot be transmitted by saliva, sweat, tears, or coughing.

7 FALSE

You cannot catch HIV, the virus that causes AIDS, by being bitten by a mosquito or any other insect.

8 TRUE

You can catch HIV if you use a syringe, needle or razor blade that has been used by an HIV-positive person. Healthcare professionals always use disposable needles and syringes. Tattoo and piercing artists have to use disposable needles too. You should never use the same razor on two or more different people. People who inject drugs should never share their syringes or other injection gear. In some countries, blood transfusions are still a risk.

9 FALSE

No, you cannot catch HIV by touching an HIV-positive person. Nor can you catch HIV by sharing a bed, toilet, shower or house with someone who has HIV.

10 TRUE

A mother can transmit HIV to her child during pregnancy, birth or breastfeeding. However, taking an antiretroviral treatment can prevent transmission in 98% of cases. An HIV-positive woman needs to be diagnosed before becoming pregnant or right at the beginning of her pregnancy so as to start the treatment at the right time and for it to work.

11 TRUE

Sex with a condom protects against HIV, the virus that causes AIDS.

12 FALSE

Female condoms do exist. Protect yourself by using a male or female condom correctly.

13 TRUE

An HIV test is the only way of knowing if you have HIV. These tests are very reliable, but they need to be taken long enough after the risk exposure. Normally, six weeks is enough.

14 TRUE

A simple blood test is all it takes. Many countries offer anonymous and free testing centers. Some countries offer reliable saliva-based testing. Some countries advise high-risk individuals to get tested regularly.

15 FALSE

There is still no way to cure HIV. Anti-HIV treatments, called antiretrovirals, stop the virus from replicating, stop people from falling ill, and slow down the transition to AIDS.

16 TRUE

If an HIV-positive woman decides to have a child, a doctor can give her full information on treatments she can take to minimize the risk of transmission of HIV to her child. The risk can be reduced by 98% today.

17 FALSE

Careful! Even someone taking medication can transmit HIV if they don't take precautions.

18 TRUE

You cannot catch HIV by touching an HIV-positive person. You cannot catch HIV by sharing a bed, toilet, shower or house with an HIV-positive person.

19 TRUE

You can live a normal life with HIV and have a normal social and professional life.

20 FALSE

It's important to respect HIV-positive people and to give them psychological support and listen to what they have to say. It's important to seek support from others when you have HIV. There are associations that can provide you with information and support. It's also important to have regular check-ups at a clinic specializing in HIV.



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